

## Majorca : Tramuntana Bike Tour

### Practical information

Date:	17 – 22 October 2010
Duration of the trip:	6 days (5 nights)
Accommodation:	Marriott Son Antem Golf Resort & Spa in Lluçmajor Read's Hotel in Santa Maria
Challenge:	Puig Major
Basic price:	1,975 euros per person based on 2 people/room (single + €500)



### Experience

- Palma de Mallorca
- Salines de Llevant
- Cala Figuera
- Puerto Portals
- Cookery lesson in Read's
- Puig Major
- Wine tasting in Binissalem
- Formentor

### Description

Majorca, the sunshine island, is an area where many professional teams of cyclists train because of its pleasant climate in the spring and autumn and its diverse landscapes and great contrasts.

We will first explore the interior and the south. We will cycle next to windmills, orchards, scattered almond trees and the salt marshes of the Llevant and we will enjoy ourselves at an outdoor restaurant in idyllic Cala Figuera. We will discover Palma, the thriving and chic capital of the Balearics and we will cycle west to the picturesque Port d'Andraxt after passing through fashionable spas which are home to villas owned by King Juan Carlos, Claudia Schiffer and many other famous people.

On the day of the challenge, we will climb 38 km (an average gradient of 3.7%) to the top of Puig Major. After a pleasant descent, we will arrive at Read's Hotel, where we will be given a cookery lesson by Chef Eschrich. On the last day, we will be overwhelmed by the beauty of the Peninsula of Formentor and we will round it all off with a splendid dinner in the Michelin-star Bacchus Restaurant.

### Day 1: Arrival in Palma

You will be greeted by us at Majorca Airport and you will be taken to your hotel as quickly as possible. Marriott Son Antem is a 5-star luxury resort with 2 golf courses and a spa. It is only 15 minutes away from the Airport. In the evening, after the welcome over an aperitif, we will be served a splendid menu in the El Olivar Restaurant.

[www.marriott.com](http://www.marriott.com)

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- Cycling distance: 0 km
  - Meals: breakfast, lunch
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### Day 2: Cala Figuera and Palma

We will start at a gentle pace. After checking and adjusting our bicycles, we will set off towards the east along a more or less flat route through Lluçmajor to the salt mines at Salines de Llevant. We will then cycle to Cala Figuera, an authentic fishing village with white painted houses, and we will have lunch there at one of the pleasant outdoor restaurants. In the late afternoon, we will take you to Palma and you will be able to enjoy this splendid historical town with its beautiful architecture, luxury shops and many pleasant restaurants and tapas bars.

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- Cycling distance: +/- 90 km
  - Meals: breakfast, lunch
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### Day 3: Puerto Portals and Port d'Andraxt

Today, we will cycle west along the coast. Travelling alongside the harbour area of Palma, we will arrive in Puerto Portals where we will admire the many luxury yachts. Cycling along the beaches of Palma Nova, we will continue on our way to Port d'Andraxt, one of the nicest harbours on the Mediterranean Sea and a holiday destination for many rich and famous people. Here we will enjoy a luxury picnic with local delicacies. We will return to our hotel by bicycle or by shuttle and will be able to enjoy the many facilities there.

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- Cycling distance: +/- 60 km
  - Meals: breakfast, lunch, dinner
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### Day 4: Puig Major

After breakfast, we will load our luggage on to the shuttle and we will set off in the direction of Randa, an important place of pilgrimage. We will then have lunch in one of the many wine cellars in Inca. From there we will start on the climb to the highest point on the island, Puig Major, at a height of 1,490 m. After a wonderful descent with breathtaking panoramic views, we will arrive in a place which is paradise on earth, Read's Hotel in Santa Maria. Here you will enjoy a cookery workshop with Chef Eschrich in the evening and you will sample some of the delicious delicacies which he will serve you

[www.readshotel.com](http://www.readshotel.com)

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- Cycling distance: +/- 110 km
  - Meals: breakfast, lunch, dinner
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### Day 5: Formentor

On the last day, we will travel to the Peninsula of Formentor and we will reach the most northerly point of the island after cycling past the cliffs at Tramuntana. You can have lunch at one of the bars along the beach or in the famous Formentor Hotel. You will return by bicycle or by shuttle.

You will complete this splendid week with a heavenly tasting menu in the Bacchus Restaurant, which has been awarded one Michelin star.

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- Cycling distance: +/- 60 km
  - Meals: breakfast, dinner
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### Day 6: Palma

After breakfast and possibly a last swim, we will take you back to the Airport of Palma de Mallorca and you will be able to start on your return journey or continue your trip.

### What is included?

- Transport of bicycle from Belgium. (See “practical info”)
- Five luxurious overnight stays in 2 beautiful hotels.
- Daily buffet-style breakfast, 4 dinners, 2 lunch, 1 gourmet picnic. Appropriate drinks included.
- Safe storage of your bicycle and insurance against theft and damage.
- Information and maps of the surroundings.
- All transport, luggage and bicycles included, during the trip.
- Transport to and from Palma de Mallorca international airport at the start and end of this trip.
- Support along the way and technical assistance from a technical vehicle in the event of mechanical problems.
- Supplies for the cyclists along the way.
- Tastings and cookery class.
- Tri-lingual support.
- An exclusive Q-cycling cycling jersey and drinking bottle.
- All tips and gratuities for guides, visits and attendants.

### Important and useful information

- **Helmet:** Safety first. We will not allow you to set off without a helmet. We would advise you to bring your own helmet along, but we can provide you with a helmet as well.
- **Reception:** We will welcome you on Sunday at the Palma international airport. After you book this trip, we will be happy to help you plan your travel to Mallorca and back. If you cannot arrive (in time) due to unforeseen circumstances, please notify us at 00 32 (0)498 571 573.
- **Trip:** We are a full-service travel agent and would be happy to help you organise your entire trip. If you are planning to travel through Europe for a number of weeks and want to combine a Q-Cycling challenge, we will draw up a tailor-made programme. During office hours, you can contact: De Buck Incentives - Steenweg 233a, 9810 Eke (Ghent), Belgium – Tel. +32 (0)9/385.46.46, Fax +32 (0)9/233.08.11.
- **Not included:** Parking, bicycle and helmet hire, travel to and from Mallorca. Some meals, as per the description, and out-of-pocket expenses along the way or in the hotel.
- **Travel documents:** Be sure to contact your travel agent or e-mail us about the travel documents you need to travel to Mallorca. EU participants only need a valid ID card.
- **Health:** You do not need to be a professional athlete to take part in our cycling activities. However, it is important that you are in good health. Q-Cycling cannot be held liable for health risks. If you are unsure, please consult your physician beforehand.
- **Physical shape:** If you are in good shape, the challenge will be much more enjoyable. That is why we would advise you to prepare for this trip, preferably by spending as much time as possible on your bike, and building up your physique gradually. If it's not hard, it would not be much of a challenge... However, don't forget there is a car on standby to provide assistance where necessary.
- **Temperature and climate:** At this time of year, the temperature is usually mild and warm, although it can vary greatly. We expect the weather will be good; however, it is advisable to bring rainproof clothing just in case.
- **Insurance:** Your bicycle is insured against possible damage caused by us and theft. We would advise you to take out all necessary insurance against personal risks. You can take out an additional cancellation policy from us (4.5% of the total price of the trip) or an extended insurance policy (6% of the total price of the trip). You can find the terms and conditions under "practical info" on our website.

- **Discount** : See “practical info”: 90-day early booking discount: €100 per person; frequent traveller: €100 per person; group discount: €100 per person. These discounts will not be cumulative and will be included in the final statement.
- **Carefree trip** : In the week leading up to this challenge, Q-Cycling will contact you personally to sort out the final details, so you can be sure to have a perfect experience.

